

# Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Tomato Pizza with Sweetcorn and Salad <b>**Dairy, gluten**</b>	Soya Mince Lasagne with Peas and Salad <b>**Milk, eggs, gluten, celery**</b>	Lamb and Vegetable Curry with Basmati Rice and Naan Bread <b>**Gluten**</b>	Roast Chicken Breast Fillet or Chicken Drumstick, Roast Potatoes with Broccoli, Cauliflower and Gravy <b>**Gluten**</b>	Fish Fingers, Chips and Garden Peas <b>**Fish, gluten**</b>
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Cheese and Tomato Pizza with Sweetcorn and Salad <b>**Dairy, gluten**</b>	Soya Mince Lasagne with Peas and Salad <b>**Milk, eggs, gluten, celery**</b>	Lamb and Vegetable Curry with Basmati Rice and Naan Bread <b>**Gluten**</b>	Roast Chicken Breast Fillet or Chicken Drumstick, Roast Potatoes with Broccoli, Cauliflower and Gravy <b>**Gluten**</b>	Fish Goujons, Chips and Garden Peas <b>**Fish, gluten**</b>
<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>
Cheese and Tomato Pizza with Sweetcorn and Salad <b>**Dairy, gluten**</b>	Soya Mince Lasagne with Salad <b>**Milk, eggs, celery, gluten**</b>	Lentil Dahl and Vegetable Curry with Basmati Rice Naan Bread <b>**Gluten**</b>	Quorn Fillet, Roast Potatoes Broccoli and Cauliflower with Gravy <b>**Gluten**</b>	Vegetable Goujons, Chips and Garden Peas <b>**Fish, gluten**</b>
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Beans and Sweetcorn <b>**Sulphites**</b>	Jacket Potato with Tuna Mayonnaise and Garden Peas <b>**Eggs, dairy, mustard, fish**</b>	Jacket Potato with Cheese and Salad <b>**Dairy**</b>	Jacket Potato with Vegetable Chilli <b>**Celery**</b>	Jacket Potato with Beans <b>**Sulphites**</b>
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Chicken and Sweetcorn Sandwich on 50/50 White & Wholemeal Bread <b>**Gluten**</b>	Hummus Crunch Sandwich with Peppers, Sweetcorn and Grated Carrot on 50/50 White & Wholemeal Bread <b>**Gluten**</b>	Tuna Mayonnaise Sandwich on 50/50 White & Wholemeal Bread with Salad <b>**Fish, dairy, milk, mustard, gluten**</b>	Cheese and Cucumber Sandwich on 50/50 White & Wholemeal Bread <b>**Dairy, gluten**</b>	Egg and Cress Sandwich on 50/50 White & Wholemeal Bread with Salad <b>**Egg, gluten**</b>
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt <b>**Dairy**</b>	Blueberry Sponge and Custard <b>**Gluten, Eggs and Milk**</b>	Fresh Fruit, Yoghurt Cheese and Crackers <b>**Dairy and Gluten**</b>	Fresh Fruit Yoghurt <b>**Dairy**</b>	Fresh Fruit Yoghurt <b>**Dairy**</b>

## **\*\* Allergens\*\***

If a child has any food allergies we like to meet with the parents prior to them taking up school meals so that we can discuss the menus and alternatives in full.

## Week Two

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Sausage and Mashed Potato Peas and Carrots with Gravy <b>**Gluten, milk**</b>	Cheesy Pasta Bake with 50/50 White and Wholemeal Pasta <b>**Gluten, dairy**</b>	Chickpeas and Vegetable Curry, Basmati Rice and Salad <b>**Gluten**</b>	Cottage Pie with Roast Cauliflower and Green Beans <b>**Gluten, dairy**</b>	Salmon Fillet, Chips Garden Peas <b>**Gluten and Fish**</b>
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Sausage and Mashed Potato Peas and Carrots with Gravy <b>**Gluten, milk**</b>	Cheesy Pasta Bake with 50/50 White and Wholemeal Pasta <b>**Gluten, dairy**</b>	Chickpeas and Vegetable Curry, Basmati Rice and Salad <b>**Gluten**</b>	Cottage Pie with Roast Cauliflower and Green Beans <b>**Gluten, dairy**</b>	Salmon Fillet, Chips Garden Peas <b>**Gluten and Fish**</b>
<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>
Vegetarian Sausage, Mashed Potato, Peas and Carrots with Gravy <b>**Gluten, milk**</b>	Cheesy Pasta Bake with 50/50 White and Wholemeal Pasta <b>**Gluten, dairy**</b>	Chickpea, Cauliflower and Potato Curry Basmati Rice and Salad <b>**Gluten**</b>	Vegetable Stir Fry Noodles <b>**Gluten**</b>	<b>**Vegetable Fingers, Chips Garden Peas **Gluten**</b>
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Cheese, Peas and Carrots <b>**Dairy**</b>	Jacket Potato with Beans <b>**Sulphites**</b>	Jacket Potato with Cheese and Salad <b>**Dairy**</b>	Jacket Potato with Vegetable Chilli <b>**Celery**</b>	Jacket Potato with Beans <b>**Sulphites**</b>
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Tuna Mayonnaise Sandwich on 50/50 White & Wholemeal Bread with Salad <b>**Fish, gluten**</b>	Chicken and Sweetcorn Sandwich on 50/50 White & Wholemeal Bread <b>**Gluten**</b>	Cheese and Cucumber Sandwich on 50/50 White & Wholemeal Bread with Salad <b>**Dairy, gluten**</b>	Lamb Kebab Wraps, Yoghurt and Mint Sauce <b>**Gluten, dairy**</b>	Egg and Cress Sandwich on 50/50 White & Wholemeal Bread with Salad <b>**Egg, gluten**</b>
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt <b>**Dairy**</b>	Chocolate Brownie <b>**Gluten, eggs, milk**</b>	Fresh Fruit Yoghurt Cheese and Crackers <b>**Dairy and Gluten**</b>	Fresh Fruit Yoghurt <b>**Dairy**</b>	Fresh Fruit Yoghurt <b>**Dairy**</b>

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If a child has any food allergies we like to meet with the parents prior to them taking up school meals so that we can discuss the menus and alternatives in full.

## Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Chicken Burger Served on a Bap or with Chips and Mixed Salad <b>**Gluten**</b>	Beef Chilli and Rice <b>**Celery**</b>	Chicken and Vegetable Madras, Basmati Rice, Mini Naan Bread And Salad <b>**Gluten**</b>	Cauliflower Quiche with Broccoli and New Potatoes <b>**Gluten, dairy**</b>	Turkey Meatballs in Rich Tomato Sauce <b>**Gluten, eggs**</b>
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Chicken Burger Served on a Bap or with Chips and Mixed Salad <b>**Gluten**</b>	Beef Chilli and Rice <b>**Celery**</b>	Chicken and Vegetable Madras, Basmati Rice, Mini Naan Bread And Salad <b>**Gluten**</b>	Cauliflower Quiche with Broccoli and New Potatoes <b>**Gluten, dairy**</b>	Turkey Meatballs in Rich Tomato Sauce <b>**Gluten**</b>
<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>	<i>Vegetarian</i>
Veggie Burger Served on a Bap or with Chips and Mixed Salad <b>**Gluten**</b>	Vegetable Chilli and Rice <b>**Celery**</b>	Chick Pea and Potato Madras Basmati Rice, Naan Bread and Salad <b>**Beans, gluten**</b>	Cheese and Onion Pie with Broccoli and New Potatoes <b>**Gluten, dairy**</b>	Chickpea and Asian Rice <b>**Celery, egg**</b>
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Tuna and Mixed Salad <b>**Fish, egg, dairy, milk, mustard**</b>	Jacket Potato with Beans <b>**Sulphites**</b>	Jacket Potato with Cheese and Salad <b>**Dairy**</b>	Jacket Potato with Vegetable Chilli <b>**Celery**</b>	Jacket Potato with Beans <b>**Sulphites**</b>
<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>	<i>Sandwiches</i>
Hummus Crunch Sandwich with Peppers, Sweetcorn and Grated Carrot on 50/50 White & Wholemeal Bread <b>**Gluten**</b>	Chicken and Sweetcorn Sandwich on 50/50 White & Wholemeal Bread <b>**Gluten**</b>	Cream Cheese Sandwich on 50/50 White & Wholemeal Bread with Salad <b>**Dairy, gluten**</b>	Tuna Mayonnaise and Cucumber Sandwich on 50/50 White & Wholemeal Bread <b>**Fish, gluten**</b>	Egg and Cress Sandwich on 50/50 White & Wholemeal Bread with Salad <b>**Eggs, gluten**</b>
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit Yoghurt <b>**Dairy**</b>	Apple Crumble with Custard <b>**Gluten, Milk**</b>	Fresh Fruit Yoghurt Cheese and Crackers <b>**Dairy, gluten**</b>	Fresh Fruit Yoghurt <b>**Dairy**</b>	Fresh Fruit Yoghurt <b>**Dairy**</b>

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